

Winter Solstice: The New Rules

Say something uncomfortable about anything.

Write your way out of sanity. Receive a visit

from six racoons when the night holds

in circles. Watch the conjunction

of Saturn and Jupiter holding hands

with the moon. [Click here to download](#)

the time. Review the distance between I

and the person I'm trying to become.

Hear something I haven't repressed before.

Be on my sixth hour of poetry binging.

Write myself out of emotional diaspora.

Have the words border my body.

Invest less in the death drive by running

my fingerprints on memories beyond

recognition. Grief the loss of those

who never existed. Understand the gaze

that never finds me. Always see things

that aren't there. Gravitate

social responsibility as an essential service.